DOLE

382110 - STRAWBERRIES DCD 2/5# 1/2 INCH IQF

Frozen DOLE® Fruit is picked at the peak of ripeness and quick-frozen to lock in both nutrients and flavor.; Labor and cost savings.



MARKETING

•High Quality Fruit. • Washed, Cut & Ready-to-Use. • 100% Usable Fruit, Zero Product Waste. • Resealable Bags, Individually Marked With ""Best By"" Date"

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
17951	382110	10071202179518	2 x 5#

Brand	Brand Owner	GPC Description
DOLE	DOLE PACKAGED FOODS LLC	Fruit - Prepared/Processed (Frozen)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
11 LBR	10 LBR	No	MX, US	Yes	No

Shipping						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
11.313 INH	10.313 INH	6.625 INH	0.447 FTQ	16x10	730 Days	-10 FAH / 0 FAH

Nutrition Facts

16 Servings per container

Serving Size **1 cup (140g)**

Amount Per Serving

Calories **50**

	% Daily Value*
Total Fat 0	**0%**
Saturated Fat 0 g	**0%**
Trans Fat 0 g	
Cholesterol 0 mg	**0%**
Sodium 0 mg	**0%**
Total Carbohydrates 13 g	**5%**
Dietary Fiber 3 g	**11%**
Total Sugars 6 g	
Includes 0 g Added Sugars	**0%**
Protein 1 g	
Vitamin D 0 mcg	0%
Calcium 0 mg	0%
Iron 1.1 mg	6%
Potassium 210 mg	4%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

ALLERGENS

C *= 'Contains' ;* ***MC*** *= 'May Contain' ;* ***N*** *= 'Free From' ;* ***UN*** *= 'Undeclared' ;* ***30*** *= 'Free From Not Tested';* ***50*** *= 'Derived from Ingredients' ;* ***60*** *= 'Not Derived From Ingredients' ;* ***NI*** *= 'No Info'*

- Milk - N
- Peanuts - N
- Eggs - N
- Tree Nuts - N
- Soy - N
- Fish - N
- Wheat - N
- Shellfish - NI
- Sesame - N

SERVING SUGGESTIONS

Diced strawberries add a beautiful color and flavor to sauces, oatmeal, parfaits, salads, desserts and smoothies.

INGREDIENTS

STRAWBERRIES.

HANDLING SUGGESTIONS

Keep Frozen until Ready to Use.

PREPARATION & COOKING SUGGESTIONS

Keep frozen until use. Baking: Do not thaw. Use fruit while frozen. To thaw: Place unopened bag on shelf rack, in refrigerator (36 to 38F) for 1-1/2 to 2-1/2 hours, turning over occasionally, until desired firmness or partially thawed. Serve slightly frozen.

MORE INFORMATION

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NUTRITIONAL ANALYSIS

Calories	50	**Total Fat**	0	**Sodium**	0 mg
Protein	1 g	**Trans Fat**	0 g	**Calcium**	0 mg
Total Carbohydrates	13 g	**Saturated Fat**	0 g	**Iron**	1.1 mg
Sugars	6 g	**Added Sugars**	0 g	**Potassium**	210 mg
Dietary Fiber	3 g	**Polyunsaturated Fat**		**Zinc**	
Lactose		**Monounsaturated Fat**		**Phosphorus**	
Sucrose		**Cholesterol**	0 mg		
Vitamin A (IU)		**Vitamin D**	0 mcg	**Thiamin**	
Vitamin A (RE)		**Vitamin E**		**Niacin**	
Vitamin C	58 mg	**Folate**		**Riboflavin**	
Magnesium		**Vitamin B-6**		**Vitamin B-12**	
Monosodium		**Sulphites**		**Nitrates**	

NUTRITIONAL CLAIMS

KOSHER	YES	**VEGAN**	YES	**HALAL**	YES