

Post Consumer Brands

Cereal, Berry Colossal Crunch Bowl

Sweetened Corn and Oat Cereal with Natural and Artificial (Berry) Flavor

Natural & artifical Strawberry flavors are used.



Brand		Manufacturer		Product Category		
Malt O Meal Bowl Pack		Post Consumer Brands		Cold Cereal Single Serve		
MFG #	GTIN		Pack	Pack Desc.		
02415	10042400024153		96	96/1 oz		
Gross Weight	Net Weight	Country of Origin		Kosher	Child Nutrition	
8.67 lbs	6.00 lbs	United States of America		Yes		
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
16.56 inches	13.00 inches	14.38 inches	1.79 cu ft	9x3	365	32.00 / 95.00 FAH

INGREDIENTS

Ingredients: Corn Flour, Sugar, Whole Grain Oat Flour, Canola Oil, Molasses, Contains 2% Or Less Of Salt, Sodium Citrate, Natural And Artificial Flavor, Malic Acid, Yellow 5, Red 40, Maltodextrin, Soy Lecithin, Blue 1, Yellow 6, Bht Added To Preserve Freshness. Vitamins And Minerals: Ferric Orthophosphate (source Of Iron), Niacinamide (vitamin B3), Zinc Oxide (source Of Zinc), Thiamin Mononitrate (vitamin B1), Calcium Pantothenate (a B-vitamin), Pyridoxine Hydrochloride (vitamin B6), Folic Acid. Contains Soy.

HANDLING

Dry

SERVING

serve with fruit and/or milk

PREP & COOKING

Ready to eat

Nutrition Facts

96 servings per container

Serving size	1oz
Amount Per Serving	
Calories	110

% Daily Value*	
Total Fat 1gr	2 %
Saturated Fat 0gr	0 %
Trans Fat 0gr	0 %
Cholesterol 0mg	0 %
Sodium 190mg	8 %
Total Carbohydrate 24gr	8 %
Dietary Fiber 0gr	0 %
Total Sugars 12gr	0 %
Includes 0 Added Sugars	0 %

Protein 1gr	
Vitamin D 0	10%
Calcium 0mg	0%
Iron 0	20%
Potassium 0	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

ALLERGENS

Free From
Milk, Eggs, Fish, Crustacean, Tree Nuts, Peanuts, Nuts, Sesame

Contains
Soy

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NUTRITION ANALYSIS

Calories	110	Total Fat	1 gr	Sodium	190 mg
Protein	1 gr	Trans Fats	0 gr	Calcium	0 mg
Total Carbohydrates	24 gr	Saturated Fat	0 gr	Iron	0
Sugars	12 gr	TPolyunsaturated Fat	0	Potassium	0
Dietary Fiber	0 gr	Monounsaturated Fat	0	Zinc	0
Lactose		Cholesterol	0 mg	Phosphorus	0
Vitamin A(IU)	0	Vitamin D	0	Thiamin	0
Vitamin A(RE)		Vitamin E	0	Niacin	0
Vitamin C	0 mg	Folate	0	Riboflavin	0
Magnesium	0	Vitamin B-6	0	Vitamin B-12	0

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