



Appleways

1069168880 - 2.4oz Wg Choc Chip Oatmeal Bars, 1w

Appleways Simply Wholesome Soft Oatmeal Bars are a healthy alternative to conventional snacks. Packed with whole grains and all-natural flavors, everyone can feel good enjoying them as a tasty anytime snack. They come pre-baked and individually wrapped with a 180-day shelf life in dry storage. Appleways 2.4 oz Soft Oatmeal Bars meet or exceed the USDA nutritional requirements for a two (2) ounce grain equivalent.



Nutrition Facts

Servings per Container	160
Serving size	1Bar (2.4oz)
Amount per serving	
Calories	280
% Daily Value*	
Total Fat 9g	12%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 140mg	6%
Total Carbohydrate 46g	17%
Dietary Fiber 3g	11%
Total Sugars 19g	
Includes 16g Added Sugar	32%
Protein 4g	
Vitamin D 0mg	0%
Calcium 22mg	2%
Iron 2mg	11%
Potassium 122mg	3%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Benefits

This chocolate chip flavor features the taste you know and love, with a wholesome oatmeal texture.

Ingredients

Whole Grain Blend (Rolled Oats, Whole Grain Wheat Flour), Enriched Wheat Flour (Whole Grain Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Invert Syrup, Soybean Oil, Corn Syrup, Raisin Paste, Chocolate Chips (Sugar, Chocolate Liquor, Cocoa Butter, Soy Lecithin, Vanilla), Canola Oil, Apple Puree (Apples, Ascorbic Acid), Apple Juice Concentrate, Fructose, Eggs, Apple Fiber, Soy Lecithin, Salt, Molasses, Cocoa Butter, Cinnamon, Natural Flavors (Contains Milk), Baking Soda.CONTAINS: WHEAT, SOY, EGGS & MILK

Allergens

Contains:
eggs milk soy wheat
Free From:
crustaceans shellfish mollusks
fish peanuts sesame

Handling Suggestions

Dry Storage/Ready-to-Eat

Serving Suggestions

1 Bar

Prep & Cooking Suggestions

Ready to Eat

Product Specifications

Brand	Manufacturer			Product Category		
Appleways	Darlington Cookie Company			Grocery		
MFG #	SPC #		GTIN	Pack	Pack Desc.	
75300	1069168880		00675825753006	160	160 / cs	
Gross Weight		Net Weight	Country of Origin	Kosher	Child Nutrition	
26lb		24lb	USA	Yes		
Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
19.07in	15.76in	8.95in	1.56ft3	6x7	180DAYS	50°F / 80°F



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Appleways Whole Grain 2.4 oz Soft Oatmeal Chocolate Chip Bars, Individually Wrapped - 160ct



Nutrition Analysis - By Serving

Calories	280	Total Fat	9g	Sodium	140mg
Protein	4	Trans Fats	0g	Calcium	22mg
Total Carbohydrates...	46g	Saturated Fat	2g	Iron	2mg
Sugars	19g	Added Sugars	16g	Potassium	122mg
Dietary Fiber	3g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	5mg		
Vitamin A(IU)•	0	Vitamin D	0mg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images

