Progresso(R) Beans, 15 oz, Black



Premium black beans soaked in a water and salt solution.

Product Last Saved Date:02 March 2015

Nutrition Facts

Serving Size: 130 GR

Servings Per Container: 79

Amount Per Serving

Calories: 100 **Calories from Fat:** 5

% Daily Value*

Total Fat	.5 g	1%
Saturated Fat	0 g	0%
Trans Fat	0 g	
Cholesterol	0 mg	0%
Sodium	400 mg	17%
Total Carbohydrate	17 g	6%
Dietary Fiber	5 g	20%
Sugars	0 g	
Protein	6 g	

	Per Srv		Per Srv
Vitamin A	0%	**Vitamin C**	0%
Calcium	4%	**Iron**	8%

*Percent Daily Values are based on a 2,000 calorie diet.Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram

Fat 9 Carbohydrate 4 Protein 4

Product Specifications:

Man Prod Code	Dist Prod Code	GTIN	Pack	Pack Description	Serving/Case
41196-02122		10041196021223	24 X 15 OZ		79

Brand	Brand Owner	GPC Description
Progresso(R)	General Mills Sales Inc	Vegetables – Prepared/Processed (Shelf Stable)

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
26.7 LB	22.5 LB	USA	No	No

Shipping Information

Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
12.25 IN	9.25 IN	9.13 IN	0.599 CF	17x5	1116 Days	32 FA / 95 FA

Ingredients :

Soaked Black Beans, Water, Salt, Calcium Chloride.

Allergens(C='Contains' MC='May Contain' N='None'):

Eggs -	Milk -	Peanuts -
Soy -	Wheat -	TreeNuts -
Fish -	Crustacean -	Nuts -

Handling Suggestions :

Store in cool dry location

Benefits :

Progresso(R) Beans, 15 oz, Black

Serving Suggestions :

Use in salads, side dishes and main dishes.

Prep & Cooking Suggestions :

Ready to use.

More Information :